



Hair Now
GONE
TOMORROW

RESIDENT GROOMING EDITOR, **SARAH COOK**, TALKS US THROUGH THE LATEST HAIR TRENDS TO KEEP YOUR AUTUMN BARNET LOOKING TIPTOP.

Most of us have probably sported some questionable crops in our time, like a home-styled bowl cut attempted by your mum, or being gelled and spiked with such precision that you resemble the Statue of Liberty. Whether you're a local barbershop bloke, or maybe you like to splash the cash on a regular snip in a salon, you'll need to know what 'do' is for you.

The term 'short, back and sides' hardly conjures up inspiring imagery of the cool man about town. However, this classic has taken on a new guise this season and who knows, maybe it's for you? Jacqui Weaver, Creative Director at Fish Hair Salon in London, says: "instead of men parting it to the side or quiffed back, we are seeing it worn forward with a mod fringe". Extreme versions of this have been spotted on the catwalk looking rather 'Julius Caesar', but we advise that you keep the back and sides tight with some textured length through the top and fringe. Dab on some Stonefish Matt Texturising Clay to finish off the look for an effortless finish.

Over the last couple of years we have been seeing a huge growth in the classic barbershop experience, with the likes of Hackett and Ted Baker keeping men trimmed and buffed with the best barbers in town. Vintage cuts have been favoured by many, from a tight fade and a clean slice, to a well-greased quiff. This timeless look doesn't seem to be going anywhere fast and the 'skin fade' is certainly set to stay. The term 'skin fade' refers to the hair being clipped tight into the hairline, giving a flawless hair to skin blend. This style will need to be maintained to keep it looking sharp, and be sure to consult with your hair stylist about how dramatic you want the look to be. If you want a slick retro style, try a pomade style product like the one below from American Crew.

If the idea of queuing in the barbers every three weeks makes you want to take to your own hair with the kitchen scissors, then you might be in luck. Jacqui Weaver says: "men are getting bored with the super short and styled hair of late and are letting it grow". Lets think more Jared Leto than Hulk Hogan on this one. Keep your mane rough and rugged, texturizing the ends with a matt product like this Matte Hed Gas spray from Fudge. Now here's the Brucie Bonus, it's also totally cool to whip the hair back into a top-knot or a low, loose knot at the nape of the neck. Ideal for sweaty gym sessions or a lazy Sunday.

BEARD LOVE

Proper man beards have been wooing the ladies (#beardporn) for a year or two now, although rumored to be on the way out, we're here for all you rebels that have no plans to ditch it. If you are already in possession of a well-crafted face warmer, then you may well already appreciate a good beard moisturiser. Keep the hairs soft and manageable, and skin nourished, by applying after showering and shampooing to a dry beard. This one from Murdock London is my top pick.

BODY CHECK

Do you have an annual ritual where your girlfriend uses her wax strips to remove shoulder fuzz before your summer holiday? Or maybe you've never paid much attention to the smattering of stray hairs across your back and bum? Well, with no pain whatsoever, introduce some body grooming into your manly ritual with the use of a King of Shaves, Prostyle Bodystyler. It has a shaving foil and trimmer to tackle everything from chest and back, to groin and underarms.

UNSIGHTLY STRAYS

There is no need to leave wild brows and sprouting toe hairs free for all to see. A little light plucking will have your strays away in seconds and leave you looking a bit more Beckham and less Barry Chuckle. Grab yourself some top notch 'slant' Tweezers from Tweezerman and after a warm shower, when your follicles are open, pluck away!

NASAL NIGHTMARE

If you suffer from constant nose tickles, or just have unsightly spiders legs peering out of your nostrils, then it's time to tackle it head on. Rather than simply shortening the hairs with an ear or nose trimmer, we give it the big guns. Nads Nose Wax is the one for the job. Using a sensitively formulated warm wax and an applicator, you can easily and effectively remove the strays and they'll stay away for longer. Job done

BESTFIT ESSENTIALS



STONEFISH MATT TEXTURISING CLAY
£5.99, www.boots.com



KING OF SHAVES, PROSTYLE BODYSTYLER
£15, www.shave.com



AMERICAN CREW POMADE
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TWEEZERMAN G.E.A.R. SLANT TWEEZERS
£20.95, www.feelunique.com



FUDGE MATTE HED GAS
£10.45, www.mankind.co.uk



NADS NOSE WAX
£12.99, www.boots.com